





# 2020 ONTARIO JUNIOR LIFESAVING CHAMPIONSHIPS – POOL Registration Package

The Lifesaving Society invites you to the Ontario Junior Lifesaving Championships – Pool hosted by the City of Markham

DATE June 20-21, 2020

LOCATION City of Markham – Markham Pan Am Centre, 16 Main Street Unionville, Markham, ON, L3R 2E4. 905-

475-4730. See <a href="https://www.markhampanamcentre.ca">www.markhampanamcentre.ca</a> for more information.

COMPETITION The competition is sanctioned by the Lifesaving Society. Event rules will be in the accordance with the

2019 Edition of the ILS Competition Rule Book, the 2020 Edition of the Ontario Competition Manual and

any 2020 Communiqués. See www.lifesavingsociety.com for details.

ELIGIBILITY Competitors shall:

 Hold a Lifesaving Society award or be a member of a Lifesaving Club or be registered in a Lifesaving Society training program

 Meet the Lifesaving Society's Canadian Swim-to-Survive® standard (roll entry, tread water for 1 min. and swim 50 m)

Be at least 7 years of age but less than 17 years of age by June 20, 2020.

AGE GROUPS

5 categories: 9 years and under, 10 & 11 yrs., 12 & 13 yrs., 14 & 15 yrs., 16 yrs.

PROGRAM OF EVENTS

	Divisions						
Individual Events	9 yr. & under	10 & 11 yr.	12 & 13 yr.	14 & 15 yr.	16 yr.		
Lifesaving Medley	100 m	100 m	100 m	100 m	100 m		
Line Throw Release	NA	NA	7 m	7 m	10 m		
Manikin Carry	50 m kin Carry Empty Manikin	50 m Empty Manikin	50 m Half-full Manikin	50 m Half-full Manikin	50 m Half-full Manikin		
Manikin Tow with Fins	50 m Empty Manikin	50 m Empty Manikin	100 m Half-full Manikin	100 m Half-full Manikin	100 m Half-full Manikin		
Obstacle Swim	50 m	50 m	100 m	100 m	100 m		
Swim and Don Fins	NA	NA	100 m	100 m	100 m		
Swim with Fins	50 m	50 m	NA	NA	NA		
Throwing Accuracy	4 m	4 m	NA	NA	NA		
				Divisions			
Team Events	44 yr. or less		64 yr. or less				
Junior Medley Relay	100	) m	200 m				
Manikin Relay	100 m		100 m				

ENTRY DEADLINE Registration must be received by Wednesday June 10, 2020. Refunds will not be issued after June

10th, nor will they be issued for clubs or competitors who do not show up for the Championships.

**ENTRY FEES** Competitor Fee Individual Event Entry Fee Team Event Entry Fee

\$22.05 per each competitor \$8.85 per competitor per event \$11.00 per team per event

**ACCOMMODATION** Edward Village Hotel Markham. 50 East Valhalla Drive, Markham, L3R 0A3. www.edwardhotel.ca. Please

call 905-477-2010 and quote Lifesaving Society for special rate \$115.00 (plus taxes), two queen,

includes parking and internet. Booking deadline May 22, 2020.

REGISTRATION Send registration form with payment in full – Purchase Order, Cheque (payable to the Lifesaving Society),

money order, VISA, MasterCard, or American Express – to:

Lifesaving Society Phone: 416 490 8844 Attention: 2020 Competition Registration Fax: 416 490 8766

400 Consumers Road Email: sport@lifeguarding.com

Toronto, Ontario M2J 1P8

Manikin Relay

### 2020 ONTARIO JUNIOR LIFESAVING CHAMPIONSHIPS - POOL SCHEDULE

#### Saturday, June 20, 2020

12 & Over		11 & Under	
8:00 am	Warm-up	2:00 pm	Warm-up
8:00 am	Officials Meeting	2:00 pm	Officials Meeting
8:45 am	Opening Ceremonies		
9:00 am	Manikin Carry	3:00 pm	Manikin Carry
	Lifesaving Medley		Lifesaving Medley
	Swim and Don Fins		Swim with Fins

2:30 pm Award Presentations **Award Presentations** 6:30 pm

Manikin Relay

#### Sunday, June 21, 2020

12 & Over		11 & Under	
8:00 am	Warm-up	2:00 pm	Warm-up
8:00 am	Officials Meeting	2:00 pm	Officials Meeting
9:00 am	Manikin Tow with Fins	3:00 pm	Manikin Tow with Fins
	Line Throw Release		Throwing Accuracy
	Obstacle Swim		Obstacle Swim
	Junior Medley Relay		Junior Medley Relay
2:30 pm	Award Presentations	6:30 pm	Award Presentations



Please use one form for each club (Type or BLOCK letters only).

Club or Affiliate	or each ciae (1)pe or 220 cm		
Mailing address		Apt or Suite	
City	Province	Postal Code	
Coach		( )	
Name		Home/cell phone	
		( )	
Email (that will be checked regularly in the we	ek preceding the Games)	Business Phone	
Note: Each completed registration must include the form	ollowing forms: Registration with payn	nent, Waiver & Release, Event E	Entries.
Competitor fee	@ \$22.05 /	per person =	
Individual Event Entry fee (per competitor per event)	@\$	3.85 / event =	
Team Event Entry fee (per team per event)	1.00 / event =		
	TOTAL AMO	UNT OWING	
Payment Cheque Money order Visa	MasterCard AME	X P.O.#	
Credit Card #	Expiry Date		
Card holder name		Card holder signature	

Mail, fax or email to:
Lifesaving Society
Attention: 2020 Competition Registration
400 Consumers Road
Toronto, Ontario M2J 1P8
Fax 416 490 8766

Email: sport@lifeguarding.com m

#### Waiver & Release Form

Please read carefully before signing

#### 1. Conduct

I agree to abide by the rules, regulations and code of conduct of the championship, and further to behave in a manner consistent with ideals of good sportsmanship.

## 2. Voluntary Assumption of Risk

As a competitor in a lifeguard competition, I recognize that there are certain risks inherent in the activity as a result of factors including but not limited to, stress, number of people, water temperature and conditions. I have prepared myself for the competition and know of no factor or condition which should be disclosed to the organizers or which would make it unsafe for me to compete. I voluntarily assume all risks, both physical and legal including but not restricted to, loss of or damage to property, and personal injury including permanent disability or death.

#### 3. Waiver of Liability

As a condition of entry and in consideration of my application as an individual or as a part of a team being accepted, I hereby waive my right to make any claim, whether for negligence or otherwise against the Lifesaving Society, the host, the facility operator, owner or occupier, the sponsors, the organizing committee or any of the servants, agents, affiliates, volunteers, judges, officials or other persons involved in the organization or running of the competition, events or associated activities. I further agree to indemnify and hold harmless all of the above, from any claim made on my behalf or as a result of injury to my person or property. I recognize that competitors are responsible for their own medical coverage.

#### 4. Model Release

I transfer to the Lifesaving Society all rights whatsoever which I have in photographs and/or videos which photographers may have taken. I consent to the use of the photographs/videos, the publishing of my name for all purposes whatsoever, including without limitation, television, publications, and any trade or advertising purposes.

I have carefully read and understood the four conditions of entry and in consideration for being allowed to compete, I have executed them voluntarily intending to be bound thereby and intending these conditions to be binding of my heirs, personal representatives and assigns.

Print competitor's name	Parent Signature	Date
COACH:		

Clubs may enter unlimited number of competitors in each event. **Event entries must indicate personal best times for seeding purposes – no time (NT) will not be accepted.** Competitors are allowed to enter each event only once. **PLEASE PRINT CLEARLY** 

Use a separate sheet to register athletes for each age group. Athletes on this page are registering in the following age group (select ONE only).	
☐ 9 yrs. & under ☐ 10 & 11 yrs. ☐ 12 & 13 yrs. ☐ 14 & 15 yrs. ☐ 16 yrs.	

Competitor Name & Gender		Birthdate (yy/mm/dd) (ensure correct order)	Age	Manikin Carry	Lifesaving Medley	Swim with Fins (11 yrs. & Under) Swim and don Fins (12 yrs. & Over)	Manikin Tow with Fins	Throwing Accuracy (11 yrs. & Under) Line Throw Release (12 yrs. & Over)	Obstacle Swim	Total Individual events
Jane Smith	M F			56.21	1:50.68	1:02.73	1:41.63	22.45	1:37.60	6
	M F									
	M F									
	M F									
	MF									
	MF									
	M F									
	M F									
	M F									
	M F									
	M F									

Clubs may enter unlimited number of teams in each event. *Event entries must indicate personal best times for seeding purposes – no time (NT) will not be accepted.* Competitors are allowed to enter each event only once. **PLEASE PRINT CLEARLY** 

Use a separate sheet to register athletes for each age group. Athletes on this page are registering in the following age group (select ONE only).
☐ 44 & under ☐ 64 & under

Competitor Name & Gender		Birthdate (yy/mm/dd)	Manikin Relay	Junior Medley Relay	Total Relay events
Jane Smith	M F		A-2:38.75	A-3:02.27	2
	M F				