



**2020 ONTARIO JUNIOR LIFESAVING CHAMPIONSHIPS – POOL
Registration Package**

*The Lifesaving Society invites you to the Ontario Junior Lifesaving Championships – Pool
hosted by the City of Markham*

- DATE** June 20-21, 2020
- LOCATION** City of Markham – Markham Pan Am Centre, 16 Main Street Unionville, Markham, ON, L3R 2E4. 905-475-4730. See www.markhampanamcentre.ca for more information.
- COMPETITION** The competition is sanctioned by the Lifesaving Society. Event rules will be in the accordance with the 2019 Edition of the *ILS Competition Rule Book*, the 2020 Edition of the *Ontario Competition Manual* and any 2020 Communiqués. See www.lifesavingsociety.com for details.
- ELIGIBILITY** Competitors shall:
- Hold a Lifesaving Society award or be a member of a Lifesaving Club or be registered in a Lifesaving Society training program
 - Meet the Lifesaving Society’s Canadian Swim-to-Survive® standard (roll entry, tread water for 1 min. and swim 50 m)
 - Be at least 7 years of age but less than 17 years of age by June 20, 2020.
- AGE GROUPS** 5 categories: 9 years and under, 10 & 11 yrs., 12 & 13 yrs., 14 & 15 yrs., 16 yrs.

**PROGRAM OF
EVENTS**

	Divisions				
Individual Events	9 yr. & under	10 & 11 yr.	12 & 13 yr.	14 & 15 yr.	16 yr.
Lifesaving Medley	100 m	100 m	100 m	100 m	100 m
Line Throw Release	NA	NA	7 m	7 m	10 m
Manikin Carry	50 m Empty Manikin	50 m Empty Manikin	50 m Half-full Manikin	50 m Half-full Manikin	50 m Half-full Manikin
Manikin Tow with Fins	50 m Empty Manikin	50 m Empty Manikin	100 m Half-full Manikin	100 m Half-full Manikin	100 m Half-full Manikin
Obstacle Swim	50 m	50 m	100 m	100 m	100 m
Swim and Don Fins	NA	NA	100 m	100 m	100 m
Swim with Fins	50 m	50 m	NA	NA	NA
Throwing Accuracy	4 m	4 m	NA	NA	NA
	Divisions				
Team Events	44 yr. or less		64 yr. or less		
Junior Medley Relay	100 m		200 m		
Manikin Relay	100 m		100 m		

ENTRY DEADLINE Registration must be received by **Wednesday June 10, 2020**. Refunds will not be issued after June 10th, nor will they be issued for clubs or competitors who do not show up for the Championships.

ENTRY FEES	<u>Competitor Fee</u>	<u>Individual Event Entry Fee</u>	<u>Team Event Entry Fee</u>
	\$22.05 per each competitor	\$8.85 per competitor per event	\$11.00 per team per event

ACCOMMODATION Edward Village Hotel Markham. 50 East Valhalla Drive, Markham, L3R 0A3. www.edwardhotel.ca. Please call 905-477-2010 and quote **Lifesaving Society** for special rate \$115.00 (plus taxes), two queen, includes parking and internet. **Booking deadline May 22, 2020.**

REGISTRATION Send registration form with payment in full – Purchase Order, Cheque (payable to the Lifesaving Society), money order, VISA, MasterCard, or American Express – to:

Lifesaving Society	Phone:	416 490 8844
Attention: 2020 Competition Registration	Fax:	416 490 8766
400 Consumers Road	Email:	sport@lifeguarding.com
Toronto, Ontario M2J 1P8		

2020 ONTARIO JUNIOR LIFESAVING CHAMPIONSHIPS – POOL SCHEDULE

Saturday, June 20, 2020

12 & Over

8:00 am Warm-up
 8:00 am Officials Meeting
 8:45 am Opening Ceremonies
 9:00 am Manikin Carry
 Lifesaving Medley
 Swim and Don Fins
 Manikin Relay
 2:30 pm Award Presentations

11 & Under

2:00 pm Warm-up
 2:00 pm Officials Meeting

 3:00 pm Manikin Carry
 Lifesaving Medley
 Swim with Fins
 Manikin Relay
 6:30 pm Award Presentations

Sunday, June 21, 2020

12 & Over

8:00 am Warm-up
 8:00 am Officials Meeting
 9:00 am Manikin Tow with Fins
 Line Throw Release
 Obstacle Swim
 Junior Medley Relay
 2:30 pm Award Presentations

11 & Under

2:00 pm Warm-up
 2:00 pm Officials Meeting
 3:00 pm Manikin Tow with Fins
 Throwing Accuracy
 Obstacle Swim
 Junior Medley Relay
 6:30 pm Award Presentations



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Please use one form for each club (Type or BLOCK letters only).

Club or Affiliate		
Mailing address		Apt or Suite
City	Province	Postal Code
Coach Name		() Home/cell phone
Email (that will be checked regularly in the week preceding the Games)		() Business Phone
Note: Each completed registration must include the following forms: Registration with payment, Waiver & Release, Event Entries.		
Competitor fee	@ \$22.05 / per person =	
Individual Event Entry fee (per competitor per event)	@ \$8.85 / event =	
Team Event Entry fee (per team per event)	@ \$11.00 / event =	
TOTAL AMOUNT OWING		
Payment		
<input type="checkbox"/> Cheque	<input type="checkbox"/> Money order	<input type="checkbox"/> P.O. #
<input type="checkbox"/> Visa	<input type="checkbox"/> MasterCard	<input type="checkbox"/> AMEX
Credit Card # _____	Expiry Date _____	
Card holder name	Card holder signature	

Mail, fax or email to:
Lifesaving Society
Attention: 2020 Competition Registration
400 Consumers Road
Toronto, Ontario M2J 1P8
Fax 416 490 8766

Email: sport@lifeguarding.com m

2020 ONTARIO JUNIOR LIFESAVING CHAMPIONSHIPS – POOL

Clubs may enter unlimited number of competitors in each event. **Event entries must indicate personal best times for seeding purposes – no time (NT) will not be accepted.** Competitors are allowed to enter each event only once. **PLEASE PRINT CLEARLY**

Use a separate sheet to register athletes for each age group. Athletes on this page are registering in the following age group (select ONE only).

9 yrs. & under 10 & 11 yrs. 12 & 13 yrs. 14 & 15 yrs. 16 yrs.

Competitor Name & Gender		Birthdate (yy/mm/dd) (ensure correct order)	Age	Manikin Carry	Lifesaving Medley	Swim with Fins (11 yrs. & Under) Swim and don Fins (12 yrs. & Over)	Manikin Tow with Fins	Throwing Accuracy (11 yrs. & Under) Line Throw Release (12 yrs. & Over)	Obstacle Swim	Total Individual events
Jane Smith	M F			56.21	1:50.68	1:02.73	1:41.63	22.45	1:37.60	6
	M F									
	M F									
	M F									
	M F									
	M F									
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	M F									
	M F									

2020 ONTARIO JUNIOR LIFESAVING CHAMPIONSHIPS – POOL

Clubs may enter unlimited number of teams in each event. **Event entries must indicate personal best times for seeding purposes – no time (NT) will not be accepted.** Competitors are allowed to enter each event only once. **PLEASE PRINT CLEARLY**

Use a separate sheet to register athletes for each age group. Athletes on this page are registering in the following age group (select ONE only).

44 & under 64 & under

Competitor Name & Gender		Birthdate (yy/mm/dd)	Manikin Relay	Junior Medley Relay	Total Relay events
Jane Smith	M F		A-2:38.75	A-3:02.27	2
	M F				
	M F				
	M F				
	M F				
	M F				
	M F				
	M F				
	M F				
	M F				
	M F				
	M F				